

Guidance Document For Non-Medical Prescribers Employed in Primary Care

Issue: November 2017

Compiled By: Helene Irvine Nurse Adviser Wessex Local Medical Committees Ltd



THANK YOU to the following organisations for their support and input into this document. . .



West Hampshire Clinical Commissioning Group

NHS Portsmouth Clinical Commissioning Group

NHS

Southampton City Clinical Commissioning Group

North Hampshire



Dorset Clinical Commissioning Group

NHS

Isle of Wight Clinical Commissioning Group

> NHS Health Education England

> > In collaboration with. . .

Wessex Community Education Provider Networks (CEPN) Supporting the Development of Our Future Primary Care Workforce

Index

Contents

Exe	ecutive Summary	4		
Aim	of the Guidance	5		
The	The Objective			
Mer	mbers of the Steering Group:	6		
1.	Introduction	7		
2.	Background	7		
3.	Purpose of the Guidance	7		
4. 4.1	Providing Evidence: The list is not exhaustive!			
	Reflection – Example			
	Keeping Up to Date.			
5. 5.1	Basic Guidance when Prescribing			
	Prescribing			
	Good Practice in Prescribing and Repeat Prescribing for all NMPs 1			
	MHRA Advice on Prescribing Unlicensed Medication 1			
5.5	Security and Safe Handling of Prescriptions 1	12		
6. 6.1	Training, Ongoing Education & Supervision 1 Pre-Requisites 1			
6.2	Returning to Practice 1	13		
6.3	Competencies and Supervision 1	13		
6.4	Clinical Supervision 1	14		
7. 7.1	Non-Medical Prescribers			
7.2	Governance and Nurse NMP Prescribers 1	15		
7.3	Prescribing for Pregnant Women and Children 1	15		
7.4	Revalidation for Nurses 1	16		
7.5	Nurse (NMPs) - Return to Practice and Reactivation 1	16		
7.6	Pharmacists 1	16		
7.7	Physiotherapists 1	17		
7.8	Future NMP Prescribers 1	17		

Appendix 1 Prescribing Competency Framework	18
Competency 1: ASSESS THE PATIENT	18
Competency 2: CONSIDER THE OPTIONS	19
Competency 3: REACH A SHARED DECISION	20
Competency 4: PRESCRIBE	21
Competency 5: PROVIDE INFORMATION	22
Competency 6: MONITOR AND REVIEW	22
PRESCRIBING GOVERNANCE	23
Competency 7: PRESCRIBE SAFELY	23
Competency 8: PRESCRIBE PROFESSIONALLY	24
Competency 9: IMPROVE PRESCRIBING PRACTICE	24
Appendix 2	26
Appendix 3 References & Sources of Advice and Support	28
Useful Websites / Resources:	28
Suggestions of further sources of information:	29
Clinical Supervision Guidance Documents Error! Bookmark not de	fined.

Executive Summary

We are in a time of great change in general practice with practices merging, evolution of federations, locality working and the emerging accountable care systems. The list based system of general practice remains a cornerstone of the NHS and is the main reason that the NHS is judged internationally to have one of the most cost-effective healthcare systems in the world. But this is no longer enough, the NHS is facing both a financial and workload crisis. The future will mean that we need an out of hospital model delivered at scale that is supportive of and embedded in general practice.

General Practice has worked closely with clinicians such as practice and community nurses in the past and the ability to allow nurses to prescribe has been a welcomed positive step and has proven to be safe, effective and appreciate use of time, knowledge and skills. Over the last 5-10 years increasingly there are other healthcare professionals joining the primary care team such as Specialist Nurses, Advanced Nurse Practitioners, Pharmacists, Paramedics, MSK Practitioners and Mental Health workers. To add value to the primary care team and provision of care to patients, these individuals have developed their skills and knowledge to have a deeper understanding of disease processes, making a diagnosis and managing a variety of conditions that fall within their scope of practice and competencies. Prescribing is an integral part including prescribing the appropriate medication.

I hope you will find this document useful in supporting Non-Medical Prescribers employed in general practice to provide evidence of their competencies through reflection and continuous professional development.



Dr Nigel Watson, MB BS FRCGP DCH DRCOG Chief Executive Wessex Local Medical Committees Ltd



Helene Irvine Nurse Advisor Wessex Local Medical Committees Ltd





Aim of the Guidance

This specific guidance is for non-medical prescribers (NMPs) within the following CCGs and supports the work currently being undertaken within Trusts in the localities across:

- West Hampshire
- North Hampshire
- South East Hampshire
- Dorset
- Fareham & Gosport

- Portsmouth City
- Southampton
- Isle of Wight
- Health Education England

This guidance has been developed to support non-medical prescribers to promote good practice, improve service delivery and ensure patient safety, this is a multi-professional document. It is anticipated that this guidance will be updated on an annual basis and changes made where relevant and could be used by NMPs in other CCG localities.

The Objective

To standardise 'Best Practice' in NMPs employed within the primary care setting across CCGs and links with the portfolio development of NMPs in the local Trusts to:

- Promote Quality and patient safety in relation to prescribing by NMPs
- Support Professional Development & competency in Prescribing Practice through education and clinical supervision
- Assure Good Governance

Ref: Debbie Streeter, NMP Lead & Nurse Consultant Intermediate Care. Dorset Healthcare University Foundation Trust.

The document was developed through support and feedback from:

- Wessex Health Education England
- Wessex Community Education Provider Networks (CEPN)
- Wessex Non-Medical Prescribing Forum
- Local CCGs
- Non-Medical Prescribers and
- Wessex LMC

It is based on some excellent work produced by Dorset Healthcare University Foundation Trust. The steering group would like to thank Debbie Streeter for sharing her documents with us, some of which we have adapted for use in the general practice setting.

The Prescribing Competency Framework for all Prescribers has been reproduced with the permission of the Royal Pharmaceutical Society (See Appendix 1).

The writing of this document involved the support and contribution from many people across a range of organisations to reflect the multi-disciplinary approach.

Members of the Steering Group

Helene Irvine	Nurse Adviser Wessex LMC Advanced Nurse Practitioner, St Clements Practice, West Hampshire CCG Deputy Clinical Lead RCGP – Practice Support
lan Winkworth	CEPN, Primary Care Learning Environment Lead – Nursing, Wessex Health Education England (HEE)
Pippa Stupple	Programme Director for General Practice Nursing, Wessex Health Education England (HEE)
Julia O'Mara	Practice Nurse Advisor & Advanced Nurse Practitioner, Portsmouth CCG
Sue Hill	Senior Education Commissioning and Development Manager, Wessex Health Education England (HEE)
Thomas Crawford	Quality Manager, North Hampshire CCG
Katy Winkworth	Advanced Nurse Practitioner, North Baddesley Surgery, West Hampshire CCG
Amanda Waite	Primary Care Quality Lead, Southampton CCG
Viv O'Connor	Nurse Facilitator, West Hampshire CCG
Sarah Lyon	Advanced Nurse Practitioner, Southampton CCG

I would like to thank the following people for their valuable contribution in the writing of this document:

Helen Baker	Primary Care Learning Environment Lead – Pharmacy, Wessex Health Education England (HEE)
Liz Bere	Head of Medicines Management, Southampton City CCG
Esther Clift	Consultant Practitioner Trainee in Frailty Health Education England (Wessex)
Simon Cooper	Deputy Director Medicines Optimisation, Portsmouth CCG
Katherine Gough	Head of Medicines Optimisation, Medicines Management Team, Dorset CCG
Francine O'Malley	Lecturer. Programme Lead Non-Medical Prescribing, Centre for Innovation and Leadership in Health Sciences, Faculty of Health Sciences, University of Southampton
Carole Phillips	Advanced Nurse Practitioner, East Shore Partnership, Portsmouth CCG
Adelle Weir	Specialist Pharmacy Technician – Primary Care, Medicines Management Team, Dorset CCG
Julie Thornley	Business Manager Wessex Local Medical Committees Ltd

1. Introduction

Over the last fifteen years the ability to prescribe has been extended to nurses, pharmacists and other allied health professionals. The ageing population presenting with co-morbidities and patients with increased complex conditions has resulted in polypharmacy being the norm for many patients. Maintaining competency and keeping up to date can be challenging and often made more difficult working within primary care where NMPs maybe working in isolation, often under time constraints and with an increasing workload.

2. Background

Health Education England (HEE Wessex) non-medical prescribing forum was developed to share good practice and address the strategic needs of the workforce. It is composed of representatives from provider Trusts across Wessex, Health Education Institutes, HEE and representatives from primary care.

A sub-group was established to look at how support could be provided to NMPs specifically working within general practice and as a result this guidance document has been developed.

3. Purpose of the Guidance

In July 2016 the Royal Pharmaceutical Society in conjunction with a variety of national bodies provided a Competency Framework for All Prescribers, developed to "establish a common set of competencies' to underpin prescribing regardless of professional background" (RPS – A Competency Framework for all Prescribers, July 2016)

Click on the following link to access the guide: <u>A Competency Framework for all Prescribers</u>

The purpose of this document is to provide information for NMPs working within primary care and enable them to provide evidence of their competency as part of their ongoing professional development.



It is anticipated that every NMP in general practice will identify a clinical colleague to provide ongoing supervision and who will jointly complete and sign the competency framework in Appendix 1 on an annual basis. The process will ensure:

- The NMP is competent to prescribe safely
 - Identifies any gaps in their knowledge
- Will clarify any further training required
- For nurses provide evidence for Nursing and Midwifery Council (NMC) revalidation

Click on the following link to access the guide: Standards of Proficiency for Nurse and Midwife Prescribers

It is recommended that every NMP is familiar with the local policy and guidance on prescribing within their CCGs.



4. Providing Evidence: The list is not exhaustive!

4.1 Evidence

Provides confirmation that you have undertaken an activity. Examples...

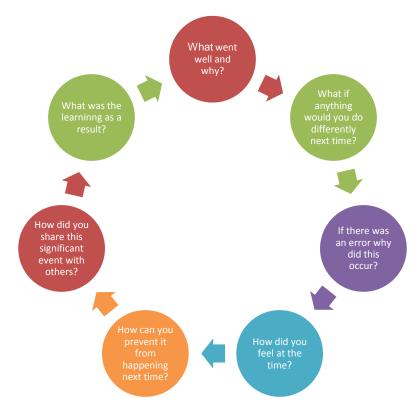


Your prescribing role included in your job description

Evidence of indemnity to cover the role of prescriber within your place of practice

4.2 Reflection – Example

(Adapted from Gibbs (1988) Model of Structured Reflection)



4.3 Keeping Up to Date...

The following advice has been summarised from that provided by the General Medical Council but it is relevant to all prescribers:

http://www.gmc-uk.org/Prescribing_guidance.pdf_59055247.pdf

- Work within your level of competency, maintain and develop the knowledge and skills in pharmacology, therapeutics, prescribing and medicines management relevant to your specific role.
- Use electronic systems to improve the safety of your prescribing which highlights interactions and allergies.
- Register for email updates from the Medicines and Healthcare Products Regulatory Agency (MHRA) and the NHS Central Alert System. Register and use the NICE Evidence Search (formerly National Electronic Library for Medicines), the NICE - Medicines and Prescribing Centre (formerly National Prescribing Centre) and the electronic Medicines Compendium for Summaries of Product Characteristics and Patient Information leaflets.
- Be familiar with guidance in the British National Formulary (BNF) and BNF for children. The electronic BNFs are updated more regularly than the printed copies.
- If unsure about interactions or other aspects of medicines, seek advice from experienced colleagues, including community, hospital and CCG pharmacists, prescribing advisers and clinical pharmacologists.
- Take account of clinical guidelines and technology appraisals published by for example NICE and other authoritative sources of speciality specific clinical guidelines.

Always refer to your local CCG for advice on prescribing which is updated on a regular basis.

5. Basic Guidance when Prescribing

5.1 Prescriptions

The following recommendations/guidance links are acceptable for prescription only medicines: -

- <u>NICE Prescription Writing Guidance</u>
- <u>NICE Controlled Drugs and Drugs Dependence Guidance</u>

5.2 Prescribing

Ensure the following. . .



You should issue another prescription

Do not prescribe for yourselves or for anyone with whom you have a close personal or emotional relationship

acceptable to express a range e.g. 0.5 to 1g

> Issuing prescriptions to replenish stocks of dressings or other supplies that have already been issued or administered to a patient

5.3 Good Practice in Prescribing and Repeat Prescribing for all NMPs

It is good practice to prescribe drugs generically using their approved, International Nonproprietary Name (INN) (i.e. as described in the \underline{BNF}) and not specify the manufacturer or



supplier, except where a change to a different manufacturer's product may compromise efficacy or safety.

Generic medicines are, overall, much less expensive to the NHS. Their appropriate use instead of branded medicines delivers considerable cost savings.

Generic Prescribing Guidelines Link

It is essential that each prescriber is familiar with their practice policy on repeat prescribing to ensure patient safety, compliance and appropriateness of prescribing. Each practice and CCG should have a repeat prescribing policy.

This link <u>https://www.wessexImcs.com/search?q=prescribing</u> is taken from the Wessex LMC website and based on guidance published by the GMC which came into effect on 25th February 2013. NMPs are advised to refer to their own organisation and CCG policy on prescribing.

5.4 MHRA Advice on Prescribing Unlicensed Medication

Routinely, only medicinal products licensed in the UK should be used for the treatment of patients. Circumstances may arise where treatment with unlicensed products is deemed appropriate. In these circumstances, liability rests with the prescriber.

All cases involving the use of unlicensed medicines require documented, informed consent of the patient.



Aim to prescribe a licensed medicine first, then a licensed medicine in an unlicensed way e.g. crushed tablets. NHS Choices Guidance: <u>Medicines Information –</u> <u>Brand Names and Generics</u>. Only then a special and preferably a Drug Tariff special. Gov.UK Guidance: <u>Off-label or unlicensed use of medicines: prescribers' responsibilities</u>

Always consider prescribing an alternative licensed medicine within its licensed dose and indications instead of an unlicensed or off-label medicine.

Be satisfied that there is a sufficient evidence base and/or experience of using the medicine to demonstrate its safety and efficacy.

Take responsibility for prescribing the medicine and overseeing the patient's care, including monitoring and follow-up.

Record the medicine, reason for prescribing and that you discussed the relevant safety and efficacy issues with the patient and received their consent unless it is current practice to use the medicine out with its licence.

Gov.UK Guidance

Full details of the treatment must be documented on the patient's medical records including the following information:

Prescriber's Name

Reason for the prescribed treatment

Quantity of medicines prescribed on a single prescription form

That you have discussed compliance with the patient <u>General Medical Council</u> <u>Guidance.</u>

The symbol: I in the BNF denotes those preparations that are considered by the Joint Formulary Committee as less suitable for prescribing. Although such preparations may not be considered as drugs of first choice, their use may be justifiable in certain circumstances.

The black triangle symbol: in the BNF indicates newly licensed medicines that are monitored intensively by the MHRA. There is only limited information available from clinical trials on their safety and therefore special consideration should be taken when prescribing them.

Prescribers must report all adverse reactions for black triangle drugs. Please refer to the 'Suspected Adverse Drug Reactions' section below. NICE Guidance: Adverse Reactions to Drugs

Details of any suspected adverse drug reactions should be reported using the <u>Yellow Card Scheme - MHRA</u>

5.5 Security and Safe Handling of Prescriptions

Security of prescriptions is the responsibility of both the employing organisation and the non-medical prescriber.

The prescriptions should not be left unattended and when not in use placed in a locked drawer/secure stationery cupboard or having a lockable printer. It is advisable to only hold a minimal stock of prescriptions. The employer must keep records of the serial numbers of pre-printed prescriptions and no circumstances should blank prescriptions forms be pre-signed before use. Prescriptions forms should never be left in a car. <u>Care</u> <u>Quality Commission</u>

6. Training, Ongoing Education & Supervision

6.1 **Pre-Requisites**

Anybody applying to undertake the independent prescribing course must have the support of their employer and be in a role that allows them to use their prescribing qualification on a regular basis.

The potential prescriber must have a qualification that reflects their ability to safely and accurately assess and ideally diagnose a patient's condition prior to undertaking an Independent Prescribing course. This should ideally be a History Taking and Physical Assessment module at Level 6 or above.



The potential student must have access to an appropriate supervisor throughout the course who meets the requirements for the module/s. This currently is a medical supervisor but new standards are out for consultation and this could in the future be another NMP.

6.2 Returning to Practice

Following a break in prescribing practice of 3 months or more it is advisable that the prescriber should agree with their employer and undertake a period of adjustment and education prior to prescribing again.

This period of adjustment should be supported by a supervisor who is an experienced prescriber.

6.3 Competencies and Supervision

All independent prescribers should have clinical supervision from a fellow prescriber who they feel able to discuss their prescribing practice with.

All independent prescribers must practice using professional guidance and legislation appropriate to their role.

It is the responsibility of all independent prescribers to ensure they have the correct professional liability insurance for their role and should be agreed and discussed in conjunction with their employer.

6.4 Clinical Supervision



This relates to both personal and professional development and is linked to:



Clinical supervision can take place between a group of professional and on a one-to-one basis. Some take the form of discussion around real case studies and reflect on the scenario and outcome with the emphasis on facilitated learning. One to one supervision may also be referred to as mentoring usually provide by a more experienced colleague, this can also take place as 'action learning sets'. A key element of any supervision is reflective practice which for nurses is a requirement of the NMC revalidation process. Nursing & Midwifery Council: <u>Revalidation</u>

As a 'trainer/teacher' your role may be to supervise others ensuring competencies, safety, assessment and providing regular feedback. This could also be described as educational supervision. Please refer to the reference section at the back of this booklet for useful resources.

If you are unable to secure clinical supervision within your practice you may want to consider contacting your CCG for support and or link in with your local NMP forum. For example, Portsmouth CCG organise an NMP forum every 2 months to provide support and sharing of good practice and updates.

7. Non-Medical Prescribers

7.1 Newly Registered NMP or Relocation to a New Area

To ensure that your prescribing medication costs are charged to the correct GP Practice and that your prescribing data collated centrally by the NHS Business Services Authority (NHSBSA) is accurately reported please contact your CCG to notify them that you are a Prescriber. This will enable you to be registered as a prescriber with your practice and make manual prescription pads available to order if required. This must be completed prior to any prescriptions being printed in the practice with your details.

Always ensure that the previous practice also informs the local CCG that you have left the area, securely destroys any manual prescription pads and prevents your code to be used or printed going forwards.

Currently your CCG is responsible and authorised to make any changes to your details that are held on the NHSBSA system. Therefore, any changes to your details must be fed back to your CCG, and this is most likely to happen through your Medicines Management Team. Please contact your CCG Medicines Management Team for access to the latest guidelines, new and updates.

7.2 Governance and Nurse NMP Prescribers

Nurse Prescribers are individually and professionally accountable to the Nursing & Midwifery Council (NMC) for this aspect of their practice and must always act in accordance with the NMC Code. Successful completion of an approved programme of preparation and training for non-medical nurse independent prescribing must be annotated on the NMC professional register.

Useful links:

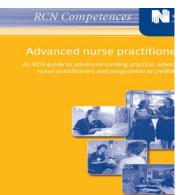
RCN Fact Sheet RCN Nurse Prescribing NMC Standards

7.3 Prescribing for Pregnant Women and Children

All prescribers will be faced with a variety of undifferentiated conditions and will need to be confident that they have the underpinning educational training and competencies to undertake this role, particularly in relation to children and pregnancy. It is advisable that all NMPs and their employer clarify each other's roles, boundaries and expectations and provide suitable supervision.

All nurses should make themselves familiar with;

- The <u>RCN Guide to Advanced Nursing Practice</u> (February 2008, revised May 2012) and the section on page 8, on the role of "The ANP and Pregnant Women".
- CQC: <u>The ANP Role</u>
- The NMC Standards or Proficiency for Nurses and Midwives Prescribers (2015) pg. 6.
- The RCN document <u>'Prescribing in Pregnancy'</u>, particularly the comments on the post-natal period.



7.4 Revalidation for Nurses

Nurses could use evidence of ongoing learning and reflective practice around their prescribing as part of revalidation for the NMC. The Wessex LMC website <u>https://www.wessexlmcs.com/lunchandlearn</u> has a comprehensive section on revalidation and a 'lunch and learn' session available which you could look at as part of a team.

7.5 Nurse (NMPs) - Return to Practice and Reactivation

Returning to Practice

Following a break in prescribing practice of 3 months or more it is advisable that the prescriber should agree with their employer and undertake a period of adjustment and education prior to prescribing again.

This period of adjustment should be supported by a supervisor who is an experienced prescriber.

Reactivation

After a period of extended leave, it is the responsibility of the registrant and their employer to ensure that a prescriber is competent to prescribe.

The attached competency framework (Appendix 1) could be used to evidence this.

Supervision from another prescriber should be accessed throughout this period on a regular basis.

The NMP may need to complete a clinical update prior to recommencing a prescribing role and will need to be assessed as competent.

It is recommended that the NMP and manager identify a learning plan.

7.6 Pharmacists

The following is taken from the General Pharmaceutical Council requirements for pharmacists applying to undertake an independent prescribing programme. <u>General Pharmaceutical Council</u>. They should:

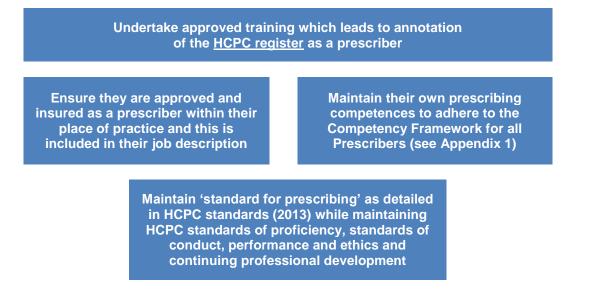
	Have at least two years' appropriate patient-orientated experience in a UK hospital, community or primary care setting following their pre-registration year.		to develop their p up-to-date clinic pharmaceutical	a of clinical practice in which rescribing skills and have al, pharmacological and knowledge relevant to rea of practice.	
		Be a registered ph GPhC or the Pharn of Northern I	maceutical Society		
Demonstrate how they reflect on their own performance and take responsibility for their own CPD.		training and experien The DMP must have a support and shado student, and be familia	sure that the pharmacist, has nee appropriate to their role. Igreed to provide supervision wing opportunities for the ar with the GPhC requirements omes for the programmer.		

Pharmacist prescribers are individually and professionally accountable to the GPhC for their practice and must always act in accordance with the Standards for Pharmacy Professional. Successful completion of an approved programme of preparation and training for Pharmacist non-medical independent prescribing must be annotated on the membership register of the GPhC.

Pharmacists do not yet undertake revalidation but this is under review, currently Pharmacists must undertake nine CPD entries a year. <u>Revalidation and CPD</u>

7.7 Physiotherapists

Physiotherapists nominated for training as a non-medical prescriber, <u>The Chartered</u> <u>Society of Physiotherapy</u>, must:



7.8 Future NMP Prescribers

There are many new roles for Advanced Practitioners (APs) being developed in primary care. Currently a review is being undertaken for a range of APs to be able to prescribe e.g. paramedics and other healthcare scientists. We are waiting for more information in this area. The NMC have recently launched a consultation on proposals that would potentially lead to nurses and midwives being able to prescribe much earlier in their careers.

The Health & Care Profession Council keep a Register of health and care professionals who meet their standards for their training, professional skills, behaviour and health. This link explains more about the medicines and prescribing rights of the professionals that they register. HCPC: <u>Medicines and Prescribing Rights</u>

THE CONSULTATION (COMPETENCIES 1-10)

Adapted from

Royal Pharmaceutical Society: Prescribing Competency Framework

Competency 1: ASSESS THE PATIENT

	Indicator	Discussion and/or observation by supervisor	Date
1.1	Takes an appropriate medical, social and medication history, including allergies and intolerances.		
1.2	Undertakes an appropriate clinical assessment.		
1.3	Accesses and interprets all available and relevant patient records to ensure knowledge of the patient's management to date.		
1.4	Requests and interprets relevant investigations necessary to inform treatment options.		
1.5	Makes, confirms or understands, the working or final diagnosis by systematically considering the various possibilities		
1.6	Understands the condition(s) being treated, their natural progression and how to assess their severity, deterioration and anticipated response to treatment.		
1.7	Reviews adherence to and effectiveness of current medicines.		
1.8	Refers to or seeks guidance from another member of the team, a specialist or a prescribing information source when necessary.		

Competency 2: CONSIDER THE OPTIONS

Indicator	Discussion and/or observation by supervisor	Date
2.1 Considers both non-		
pharmacological (including no		
treatment) and pharmacological		
approaches to modifying disease		
and promoting health.		
2.2 Considers all pharmacological		
treatment options including optimising		
doses as well as stopping		
treatment (appropriate polypharmacy, de-prescribing).		
2.3 Assesses the risks and benefits to		
the patient of taking or not taking a		
medicine or treatment.		
2.4 Applies understanding of the mode		
of action and pharmacokinetics of		
medicines and how these may be		
altered (e.g. by genetics, age, rena	I	
impairment, pregnancy).		
2.5 Assesses how co-morbidities,		
existing medication, allergies,		
contraindications and quality of life		
impact on management options.		
2.6 Takes into account any relevant		
patient factors (e.g. ability to		
swallow, religion) and the potential impact on route of administration		
and formulation of medicines.		
2.7 Identifies, accesses, and uses		
reliable and validated sources of		
information and critically evaluates		
other information.		
2.8 Stays up-to-date in own area of		
practice and applies the principles		
of evidence-based practice,		
including clinical and cost-		
effectiveness.		
2.9 Takes into account the wider		
perspective including the public		
health issues related to medicines and their use and promoting		
health.		
2.10 Understands antimicrobial		
resistance and the roles of		
infection prevention, control and		
antimicrobial stewardship		
measures.		

Competency 3: REACH A SHARED DECISION

	Indicator	Discussion and/or observation by supervisor	Date
3.1	Works with the patient/carer in partnership to make informed choices, agreeing a plan that respects patient preferences including their right to refuse or limit treatment		
3.2	Identifies and respects the patient in relation to diversity, values, beliefs and expectations about their health and treatment with medicines.		
3.3	Explains the rationale behind and the potential risks and benefits of management options in a way the patient/carer understands.		
3.4	Routinely assesses adherence in a non-judgemental way and understands the different reasons non-adherence can occur (intentional or non-intentional) and how best to support patients/carers.		
3.5	Builds a relationship which encourages appropriate prescribing and not the expectation that a prescription will be supplied.		
3.6	Explores the patient/carers understanding of a consultation and aims for a satisfactory outcome for the patient/carer and prescriber.		

Competency 4: PRESCRIBE

	Indicator	Discussion and/or observation by supervisor	Date
4.1	Prescribes a medicine only with	•	
	adequate, up-to-date awareness of		
	its actions, indications, dose, contraindications, interactions,		
	cautions, and side effects.		
4.2	Understands the potential for		
	adverse effects and takes steps to		
	avoid/minimise, recognise and		
4.0	manage them. Prescribes within relevant		
4.3	frameworks for medicines use as		
	appropriate (e.g. local formularies,		
	care pathways, protocols and		
	guidelines).		
4.4	Prescribes generic medicines where		
	practical and safe for the patient and		
	knows when medicines should be		
45	prescribed by branded product. Understands and applies relevant		
4.0	national frameworks for medicines		
	use (e.g. NICE, SMC, AWMSG and		
	medicines		
	management/optimisation) to own		
1.0	prescribing practice.		
4.6	Accurately completes and routinely checks calculations relevant to		
	prescribing and practical dosing.		
4.7	Considers the potential for misuse of		
	medicines.		
4.8	Uses up-to-date information about		
	prescribed medicines (e.g.		
	availability, pack sizes, storage conditions, excipients, costs).		
49	Electronically generates or writes		
	legible unambiguous and complete		
	prescriptions which meet legal		
	requirements.		
4.10) Effectively uses the systems		
	necessary to prescribe medicines		
	(e.g. medicine charts, electronic prescribing, decision support).		
4.11	Only prescribes medicines that are		
	unlicensed, 'off-label', or outside		
	standard practice if satisfied that an		
	alternative licensed medicine would		
1 4 6	not meet the patient's clinical needs.		
4.12	2 Makes accurate legible and contemporaneous records and		
	clinical notes of prescribing		
	decisions.		
4.13	Communicates information about		
	medicines and what they are being		
	used for when sharing or transferring		
	prescribing responsibilities/		
	information.	l	

Competency 5: PROVIDE INFORMATION

	Indicator	Discussion and/or observation by supervisor	Date
5.1	Checks the patient/carer's understanding of and commitment to the patient's management, monitoring and follow-up.		
5.2	Gives the patient/carer clear, understandable and accessible information about their medicines (e.g. what it is for, how to use it, possible unwanted effects and how to report them, expected duration of treatment).		
5.3	Guides patients/carers on how to identify reliable sources of information about their medicines and treatments.		
5.4	Ensures that the patient/carer knows what to do if there are any concerns about the management of their condition, if the condition deteriorates or if there is no improvement in a specific time frame.		
5.5	When possible, encourages and supports patients/carers to take responsibility for their medicines and self-manage their conditions.		

Competency 6: MONITOR AND REVIEW

	Indicator	Discussion and/or observation by supervisor	Date
6.1	Establishes and maintains a plan for reviewing the patient's treatment.		
6.2	Ensures that the effectiveness of treatment and potential unwanted effects are monitored.		
6.3	Detects and reports suspected adverse drug reactions using appropriate reporting systems.		
6.4	Adapts the management plan in response to on-going monitoring and review of the patient's condition and preferences.		

PRESCRIBING GOVERNANCE

Competency 7: PRESCRIBE SAFELY

	Indicator	Discussion and/or observation by supervisor	Date
7.1	Prescribes within own scope of practice and recognises the limits of own knowledge and skill.		
7.2	Knows about common types and causes of medication errors and how to prevent, avoid and detect them.		
7.3	Identifies the potential risks associated with prescribing via remote media (telephone, email or through a third party) and takes steps to minimise them.		
7.4	Minimises risks to patients by using or developing processes that support safe prescribing particularly in areas of high risk (e.g. transfer of information about medicines, prescribing of repeat medicines).		
7.5	Keeps up to date with emerging safety concerns related to prescribing.		
7.6	Reports prescribing errors, near misses and critical incidents, and reviews practice to prevent recurrence.		

Competency 8: PRESCRIBE PROFESSIONALLY

	Indicator	Discussion and/or observation by supervisor	Date
	Ensures confidence and competence to prescribe are maintained.		
8.2	Accepts personal responsibility for prescribing and understands the legal and ethical implications.		
8.3	Knows and works within legal and regulatory frameworks affecting prescribing practice (e.g. controlled drugs, prescribing of unlicensed/off label medicines, regulators guidance, supplementary prescribing).		
8.4	Makes prescribing decisions based on the needs of patients and not the prescriber's personal considerations.		
	Recognises and deals with factors that might unduly influence prescribing (e.g. pharmaceutical industry, media, patient, colleagues).		
8.6	Works within the NHS/ organisational/regulatory and other codes of conduct when interacting with the pharmaceutical industry.		

Competency 9: IMPROVE PRESCRIBING PRACTICE

	Indicator	Discussion and/or observation by supervisor	Date
9.1	Reflects on own and others prescribing practice, and acts upon feedback and discussion.		
9.2	Acts upon colleagues' inappropriate or unsafe prescribing practice using appropriate mechanisms.		
9.3	Understands and uses available tools to improve prescribing (e.g. patient and peer review feedback, prescribing data analysis and audit).		

Competency 10: PRESCRIBE AS PART OF A TEAM

Indicator	Discussion and/or observation by supervisor	Date
10.1 Acts as part of a multidisciplinary		
team to ensure that continuity of		
care across care settings is		
developed and not compromised.		
10.2 Establishes relationships with other professionals based on understanding, trust and respect for each other's roles in relation to prescribing.		
10.3 Negotiates the appropriate level of support and supervision for role as a prescriber.		
10.4 Provides support and advice to other prescribers or those involved in administration of medicines where appropriate.		

Appendix 2

Adapted from: Debbie Streeter, NMP Lead & Nurse Consultant Intermediate Care. Dorset Healthcare University Foundation Trust.

Annual NMP Clinical Governance Declaration					
Name					
Date of Registration as Prescriber					
Type of Prescriber					
Areas of Prescribing Practice					
GP Practice					
Other, please specify					
You may wish to include the eviden	ice below to show that	at you r	neet your Pi	rofes	sional
Practice Standards to ensure you a	re competent to cont	inue to	prescribe.		
Number of conferences / CPD learning events attended in past year			year		
Portfolio of Evidence available inclu	iding CV			Yes	s / No
Previous years appraisal date					
Job Description with Prescribing Sta	atement included				
Indemnity insurance in date			Yes	s / No	
Name of insurer					
Evidence of Prescribing Consultations			Yes	s / No	
Evidence of Prescribing in Context			Yes	s / No	
Evidence of Prescribing Effectively			Yes	s / No	
Reflective / Learning Evidence			Yes	s / No	
List any specific circumstances impacting upon prescribing practice over past year i.e.					
long-term sickness, maternity leave, change in role etc.					
DECLARATION					
Signature			Date:		

Scope of Prescribing Practice		
Name		
Role		

Area of prescribing	Evidence of competence	Recent CPD supporting Prescribing	What guidelines if necessary do you use?		
e.g. Minor illness	Educational training/ courses attended & dates	Updates attended & dates	e.g. NICE		
How do you audit your prescribing?					
Have you received clinical supervision and if so, please give a brief description?					
What CPD needs relating to prescribing have you identified?					
How are you planning to address these needs?					

I have had the opportunity to discuss my prescribing as part of my annual appraisal with my practice manager and clinical lead at the practice

Independent Prescriber	Yes		No 🗆
Signature:		. Date:	

Appendix 3 References & Sources of Advice and Support

Contact your Medicines Management Team at the CCG for further advice and support on non-medical prescribing.

Useful Websites / Resources:

A Competency Framework for all prescribers (2016) Royal Pharmaceutical Society	A Competency Framework for all Prescribers
Standards for Prescribing (2013) HCPC Health and Care Professions Council	<u>http://www.hcpc-</u> <u>uk.org/assets/documents/10004160Standardsforprescribin</u> g.pdf
Practice Guidance for Physiotherapy Prescribers (2016) Chartered Society of Physiotherapy	http://www.csp.org.uk/tagged/prescribing-1
BNF	https://www.bnf.org/products/bnf-online/
CQC	http://www.cqc.org.uk/guidance-providers/gps/nigels- surgery-tips-mythbusters-gp-practices-full-list http://www.cqc.org.uk/guidance-providers/gps/nigels- surgery-65-effective-clinical-governance-arrangements-gp-
	practices
MHRA	https://www.gov.uk/government/publications/rules-for-the- sale-supply-and-administration-of-medicines
NHS Choice - Brand Prescribing	http://www.nhs.uk/conditions/medicinesinfo/pages/brandna mesandgenerics.aspx
NICE Evidence Search	https://www.evidence.nhs.uk/
	www.npc.co.uk
NMC	https://www.nmc.org.uk/
RCN	https://www.rcn.org.uk/get-help/rcn-advice/nurse- prescribing
Wessex LMCs	https://www.wessexImcs.com/search?q=prescribing

Suggestions of further sources of information:

- Lists of medicines which registered paramedics and appropriately qualified chiropodists / podiatrists may use under exemptions can be found in Schedule 17 to the Human Medicines Regulations 2012.
- An up-to-date list for appropriately qualified chiropodists / podiatrists is also available from the College of Podiatry.
- Information on PGDs is available on the NHS Patient Group Directions website. The MHRA has also produced useful guidance on PGDs.
- The National Institute for Health and Clinical Excellence (NICE) Medicines and Prescribing Centre provides information about prescribing and patient group directions.





Wessex Local Medical Committees Ltd Churchill House, 122-124 Hursley Road Chandler's Ford, Eastleigh Hampshire, SO53 1JB

Tel No: 023 8025 3874 | Fax No: 023 8027 6414

www.wessexImcs.com