

## **BNSSG Training Hub Post CCT GP Frailty Fellowships**

The BNSSG Training Hub is a network of training and education providers across Bristol, North Somerset and South Gloucestershire. We aim to support, develop and connect staff working in primary, community and social care.

In partnership with the Community Interest Companies Bristol Community Health (BCH), North Somerset Community Partnership (NSCP) and Sirona care & health, we are offering 3 post-CCT Frailty Fellowships. These Fellowships will provide an opportunity for motivated GPs to develop a special interest in frailty and elderly care.

**These 12-month posts will have three components:**

- **General Practice**
  - Fellows must work a minimum of 3 clinical sessions per week in a GP practice in Bristol, North Somerset or South Gloucestershire. Assistance with finding a practice placement is available if required.
  
- **Community Frailty Team**
  - Fellows will work 2 sessions per week with a Community Interest Company. 2 placements are available with Bristol Community Health & North Somerset Community Partnership and 1 placement is available with Sirona.
  
  - The placements with Bristol Community Health & North Somerset Community Partnership will be based in a Locality Hub. Fellows will undertake Comprehensive Geriatric Assessments for patients in frailty clinics, care homes and in patients' own homes, present these patients at multi-disciplinary team meetings, and communicate management plans to the patient and their GP practice. For more information on these placements, please contact: Dr. Carol Naughton, Medical Advisor for North Somerset Community Partnership ([carol.naughton1@nhs.net](mailto:carol.naughton1@nhs.net)).
  
  - The placement with Sirona will be based at the Skylark (Yate) or Henderson (Thornbury) Rehabilitation Units. The Fellow will assess and manage in-patients with frailty and frailty syndromes, attend multi-disciplinary team meetings and liaise with families and external agencies. The fellow will also have the opportunity to work with the Community Frailty Team, attending outpatient clinics and home visits. For more information on this placement, please contact: Dr. Vicky Smith / Dr. Emma Ainsworth; GPSI Older Person's Care, Skylark Rehabilitation Unit ([Vicky.Smith@sirona-cic.org.uk](mailto:Vicky.Smith@sirona-cic.org.uk) / [Emma.Ainsworth@sirona-cic.org.uk](mailto:Emma.Ainsworth@sirona-cic.org.uk)).

- Fellows will have a named clinical and educational supervisor who will either be a consultant in elderly care or a GP with a special interest in elderly care.
  - Successful candidates will be able to choose their placement according to availability (the highest performing candidate at interview will have first choice of placement etc.).
  - Sessions with the Community Interest Companies will attract an annual salary of £8000 per session. Superannuation and national insurance contributions for these sessions will be covered.
- **Education & Training**
    - Fellows will receive funding to complete the Diploma in Geriatric Medicine: <https://www.rcplondon.ac.uk/diploma-geriatric-medicine>
    - Fellows will receive an additional study budget for training and education to support them in developing a special interest in frailty and elderly care.
    - Fellows will have 2 sessions per month protected education time (these sessions are taken from the time spent with the Community Interest Company, they are not additional sessions).
    - This protected time will include educational supervisor meetings (at least one a month).
    - Fellows will be expected to draw up and submit an education timetable for the year, signed off by their educational supervisor, which may include: meeting as a group of fellows for peer support and action learning sets, tutorials from specialists, attending relevant conferences and personal study.

For further information on the frailty fellowship scheme, please contact Sarah Ballisat, Lead for Clinical Fellows, BNSSG Training Hub: [sarah.ballisat@nhs.net](mailto:sarah.ballisat@nhs.net)