



We are running End of life Care workshops, you can attend any or all of the workshops.

3 x 3 hour workshops to be facilitated by St Peter's Hospice and delivered online through Zoom. This timing will support break out group discussion and sharing of feedback alongside expert teaching. This would be open to **ACP's and GP's** to encourage sharing of expertise and experiences in practice of different professions.

Below are the workshop outlines:

Workshop plan:

Thursdays: 3 x 3hr pm slots **each workshop is from 1pm – 4pm**

Workshop 1:

Recognising “end of life” and the challenges of this

Holistic assessment of symptoms

Pharmacological and non-pharmacological approaches to managing challenging symptoms such as pain and breathlessness

Workshop 2:

Last days of life

Review and rationalisation of medications

Anticipatory prescribing

Additional comfort measures and advice for non-professional carers/families

Workshop 3:

Open and sensitive conversations regarding death and dying

Advance care planning and how to share preferences and wishes and advance decisions

ReSPECT and supporting ACP documentation

Both December and February dates are the same workshops just repeated.

- 3rd, 10th and 17th December 2020
- Feb 4th, 11th and 18th February 2021

If you would like to attend please let me know which dates. We are limited to 15 for each workshop.